

# Piedmont Intermediate/Middle School Menu

## May 3-7

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### Daily Special

*Fresh Pick: Tomatoes*



|                  |  |
|------------------|--|
| <b>MONDAY</b>    | Spaghetti & Meatballs offered with Mixed Vegetables and a Breadstick                   |
| <b>TUESDAY</b>   | See FIESTA   |
| <b>WEDNESDAY</b> | See FIESTA   |
| <b>THURSDAY</b>  | French Toast Sticks, Scrambled Eggs & Sausage Links offered with Cinnamon Baked Apples |
| <b>FRIDAY</b>    | Steak Fingers offered with a Freshly Baked Roll, Green Peas & Whipped Potatoes & Gravy |

### Daily Special & Everyday



|                  |   |
|------------------|---|
| <b>MONDAY</b>    | See UPPERCRUST  |
| <b>TUESDAY</b>   | Chicken Nuggets offered with French Fries                   |
| <b>WEDNESDAY</b> | See UPPERCRUST  |
| <b>THURSDAY</b>  | Crispy or Spicy Chicken Sandwich offered with Potato Wedges |
| <b>FRIDAY</b>    | See UPPERCRUST  |



### Daily Special & Everyday

*Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust*

|                  |                                    |
|------------------|------------------------------------|
| <b>MONDAY</b>    | Cheese or Sausage Pizza            |
| <b>TUESDAY</b>   | See HONOR ROLL                     |
| <b>WEDNESDAY</b> | Pepperoni or Jalapeno Popper Pizza |
| <b>THURSDAY</b>  | See HONOR ROLL                     |
| <b>FRIDAY</b>    | Pepperoni or Cheeseburger Pizza    |



### Daily Specials

|                  |  |
|------------------|--|
| <b>MONDAY</b>    | See REVOLVE  |
| <b>TUESDAY</b>   | Chicken or Beef Nachos or Tacos offered with Fiesta Potatoes |
| <b>WEDNESDAY</b> | Beef Enchilada offered with Refried Beans                    |
| <b>THURSDAY</b>  | See REVOLVE  |
| <b>FRIDAY</b>    | See REVOLVE  |



### Daily Special & Everyday

*Fast Takes products are made daily using local ingredients when seasonally available*

|                  |                        |
|------------------|------------------------|
| <b>MONDAY</b>    | Chef Salad             |
| <b>TUESDAY</b>   | Chef Salad             |
| <b>WEDNESDAY</b> | Crispy Chicken Wrap    |
| <b>THURSDAY</b>  | Crispy Chicken Wrap    |
| <b>FRIDAY</b>    | Protein Power Pack (V) |

**V Vegetarian**  
**SP Smart Pick**

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

*This institution is an equal opportunity provider.*

**V**

Nutrition Information is available upon request.



# Piedmont Intermediate/Middle School Menu

May 10-14

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

## Daily Special

*Fresh Pick: Tomatoes*



|                  |   |          |
|------------------|---|----------|
| <b>MONDAY</b>    | Frito Chili Pie offered with Golden Corn  | <b>V</b> |
| <b>TUESDAY</b>   | Italian Dunkers with Marinara Sauce offered with Roasted Broccoli                 | <b>V</b> |
| <b>WEDNESDAY</b> | See FIESTA  |          |
| <b>THURSDAY</b>  | See FIESTA  |          |
| <b>FRIDAY</b>    | Chicken Tenders offered with Mashed Potatoes & Gravy, Green Beans and Dinner Roll |          |

## Daily Special & Everyday



|                  |   |
|------------------|---|
| <b>MONDAY</b>    | See UPPERCRUST  |
| <b>TUESDAY</b>   | Hamburger or Cheeseburger offered with French Fries         |
| <b>WEDNESDAY</b> | See UPPERCRUST  |
| <b>THURSDAY</b>  | Crispy or Spicy Chicken Sandwich offered with Potato Wedges |
| <b>FRIDAY</b>    | See UPPERCRUST  |



## Daily Special & Everyday

*Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust*

|                  |                                    |
|------------------|------------------------------------|
| <b>MONDAY</b>    | Pepperoni or Buffalo Chicken Pizza |
| <b>TUESDAY</b>   | See HONOR ROLL                     |
| <b>WEDNESDAY</b> | Cheese or Supreme Pizza            |
| <b>THURSDAY</b>  | See HONOR ROLL                     |
| <b>FRIDAY</b>    | Pepperoni or Jalapeno Popper Pizza |



## Daily Specials

|                  |  |
|------------------|--|
| <b>MONDAY</b>    | See REVOLVE  |
| <b>TUESDAY</b>   | See REVOLVE  |
| <b>WEDNESDAY</b> | Chicken Enchilada Suiza offered with Refried Beans           |
| <b>THURSDAY</b>  | Beef or Chicken Nachos or Tacos offered with Fiesta Potatoes |
| <b>FRIDAY</b>    | See REVOLVE  |



## Daily Specials & Everyday

*Fast Takes products are made daily using local ingredients when seasonally available*

|                  |                          |
|------------------|--------------------------|
| <b>MONDAY</b>    | Chicken Bacon Ranch Wrap |
| <b>TUESDAY</b>   | Chicken Bacon Ranch Wrap |
| <b>WEDNESDAY</b> | Turkey & Cheese Sub      |
| <b>THURSDAY</b>  | Turkey & Cheese Sub      |
| <b>FRIDAY</b>    | Protein Power Pack(V)    |

**V Vegetarian**  
**SP Smart Pick**

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# Piedmont Intermediate/Middle School Menu

## May 17-21

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 3 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### Daily Special

*Fresh Pick: Tomatoes*



|                  |   |
|------------------|---|
| <b>MONDAY</b>    | See FIESTA  |
| <b>TUESDAY</b>   | Pancakes, Scrambled Eggs & Sausage offered with Sweet Potato Fries            |
| <b>WEDNESDAY</b> | Chicken Alfredo Macaroni & Breadstick offered with Roasted Broccoli & Carrots |
| <b>THURSDAY</b>  | See FIESTA  |
| <b>FRIDAY</b>    | See HONOR ROLL  |

**V**

### Daily Special & Everyday



|                  |  |
|------------------|--|
| <b>MONDAY</b>    | See UPPERCRUST   |
| <b>TUESDAY</b>   | Chicken Nuggets offered with Dinner Roll & French Fries          |
| <b>WEDNESDAY</b> | See UPPERCRUST   |
| <b>THURSDAY</b>  | Chicken Nuggets offered with Dinner Roll & Potato Wedges         |
| <b>FRIDAY</b>    | Spicy Chicken Sandwich or Cheeseburger offered with French Fries |



### Daily Special & Everyday

*Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust*

|                  |                                    |
|------------------|------------------------------------|
| <b>MONDAY</b>    | Cheese or Italian Sausage Pizza    |
| <b>TUESDAY</b>   | See HONOR ROLL                     |
| <b>WEDNESDAY</b> | Pepperoni or Jalapeno Popper Pizza |
| <b>THURSDAY</b>  | See HONOR ROLL                     |
| <b>FRIDAY</b>    | Cheese or Pepperoni Pizza          |



### Daily Specials

|                  |  |
|------------------|--|
| <b>MONDAY</b>    | Beef or Chicken Nachos or Tacos offered with Refried Beans |
| <b>TUESDAY</b>   | See REVOLVE  |
| <b>WEDNESDAY</b> | See REVOLVE  |
| <b>THURSDAY</b>  | Beef or Chicken Nachos offered with Fiesta Potatoes        |
| <b>FRIDAY</b>    | See UPPERCRUST   |



### Daily Specials & Everyday

*Fast Takes products are made daily using local ingredients when seasonally available*

|                  |                           |
|------------------|---------------------------|
| <b>MONDAY</b>    | American Sub Sandwich     |
| <b>TUESDAY</b>   | American Sub Sandwich     |
| <b>WEDNESDAY</b> | Crispy Chicken Ranch Wrap |
| <b>THURSDAY</b>  | Crispy Chicken Ranch Wrap |
| <b>FRIDAY</b>    | Manager's Choice Sandwich |

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**SP Smart Pick**

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Nutrition Information is available upon request.



# Piedmont Schools Breakfast Menu

**MAY 2021**

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

|   |   |   |  |   |
|---|---|---|--|---|
| <b>3</b><br>Sausage Biscuit<br>Applesauce | <b>4</b><br>Blueberry Muffin<br>Diced Peaches | <b>5</b><br>French Toast Sticks<br>Fresh Apples | <b>6</b><br>Honey Chicken Biscuit<br>Orange Smiles | <b>7</b><br>Filled Cinnamon Toast Crunch Bar<br>Mixed Fruit |
|---|---|---|--|---|

Assorted cereals offered daily.

|   |  |  |   |  |
|---|--|--|---|--|
| <b>10</b><br>American Breakfast Sandwich<br>Raisins | <b>11</b><br>Yogurt & Fruit Parfait<br>Diced Peaches | <b>12</b><br>Yogurt & Fruit Parfait<br>Bananas | <b>13</b><br>Breakfast Taco Roll<br>Orange Smiles | <b>14</b><br>Cinnamon Roll<br>Applesauce |
|---|--|--|---|--|

|   |   |   |  |                                       |
|---|---|---|--|---------------------------------------|
| <b>17</b><br>Confetti Pancakes<br>Diced Pears | <b>18</b><br>Breakfast Pizza<br>Mixed Fruit | <b>19</b><br>Banana Muffin<br>Orange Smiles | <b>20</b><br>Egg & Cheese Biscuit<br>Fresh Bananas | <b>21</b><br>Oatmeal Round<br>Raisins |
|---|---|---|--|---------------------------------------|

100% juice offered daily.

|           |           |           |           |           |
|-----------|-----------|-----------|-----------|-----------|
| <b>24</b> | <b>25</b> | <b>26</b> | <b>27</b> | <b>28</b> |
|-----------|-----------|-----------|-----------|-----------|

Variety of low fat and fat free milk options offered daily.

|           |  |  |  |  |
|-----------|--|--|--|--|
| <b>31</b> |  |  |  |  |
|-----------|--|--|--|--|

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